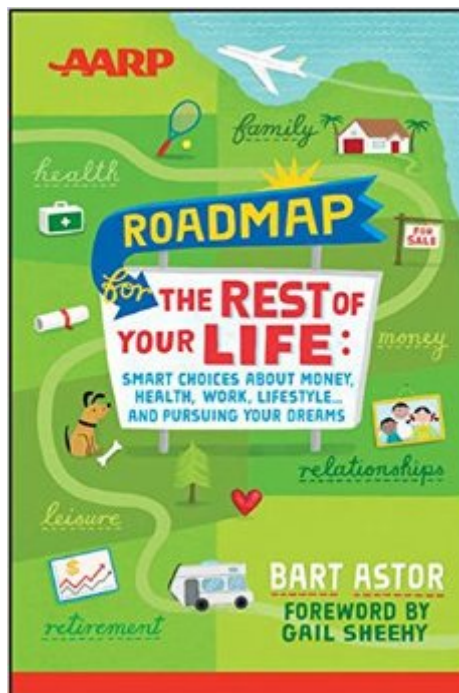


The book was found

AARP Roadmap For The Rest Of Your Life: Smart Choices About Money, Health, Work, Lifestyle ... And Pursuing Your Dreams



Synopsis

WASHINGTON POST Bestseller List 3/30/14
Solid solutions and step-by-step instructions for planning the next stage of your life
Life after 50 isn't what it used to be. The rules have changed. No more guaranteed pensions, retiree health plans, or extensive leisure and travel. It's time to forge new paths and create innovative models. That's where the AARP Roadmap for the Rest of Your Life comes in. Bart Astor, author of more than a dozen books, offers a comprehensive guide for making lifestyle decisions, growing your nest egg, and realizing your goals. This AARP book "Provides guidance on the key areas you'll need to consider: finances and work, health and fitness, Medicare and Social Security, estate planning, insurance, housing, and more Offers expert tips on creating age- and health-specific goals through a personal "Level of Activity" scale based on how active you can and want to be Includes tips for finding fun and fulfilling activities and even completing your bucket list" "Supplies ready-to-use worksheets to help you set and meet financial planning goals, get your legal affairs in order, and maintain adequate health insurance Contains a comprehensive list of valuable resources

Book Information

Paperback: 240 pages

Publisher: Wiley; 1 edition (April 22, 2013)

Language: English

ISBN-10: 1118401123

ISBN-13: 978-1118401125

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars "See all reviews" (75 customer reviews)

Best Sellers Rank: #48,418 in Books (See Top 100 in Books) #79 in Books > Business & Money > Personal Finance > Retirement Planning

Customer Reviews

Changing behaviors is never easy but moving into the "retirement" stage of life can be downright scary. Now that I am there, I have to answer the question "now what?" Bart has provided the checklist of topics that need to be addressed and, for each one, offered practical recommendations on what to do and what to avoid. Rather than trying to figure out everything from scratch, Bart's "Users" manual will come in very handy. The pages will be dog-eared in no time.

Having been absorbed for many years in my career, I haven't really had a chance to think through question about my retirement--when, where, what would I do, what's really important for me to have in my life. Bart Astor's Roadmap is a perfect starting place for me in figuring out answers to these questions for myself. The author takes you through these topics in an engaging and down to earth style that's at once lucid and informative. Highly recommended for aging boomers' who are looking for a plan for an active and fulfilling retirement!

I have so many books on finances telling me everything I need to know about money. This book gave me so much more. I haven't read the entire book, just subjects that gave feedback on a particular situation. So far it's a very good book.

I am getting ready to retire within the next 6 months. I wish I had read this book sooner, the writing is very clear and the facts compelling.

This book is very well written and informative, Very useful, also, to have lots of different subjects covered at high level in one volume - filled with practical advice and questions that mandate reflection.

I Am a list person. It helps to organize, plan for what comes next. The list of suggestions and ideas, actions are effective.

I discovered this book in an AARP publication I get. Upon reading, it is a simple to understand common sense approach to handling and managing yourself and your loved ones through the old age we are fast approaching. while I am not officially ready for Medicare or the retirement home thoughts, it has offered good advice in a forgiving way. this is far from the media who pound in perfection making many feel like failures. It is a way to approach this new phase of our lives that is, for me, not scary and offers good resources for further exploration. the author did a fine job for the topics. as one who is aging alone, it is nice to know I have resources and hope for my future.

I was hoping to learn more from this book. It am planning to retire at the end of this year. My husband and I never had children, so many parts of the book do not apply to us. His section on "Moving" and how stressful it might be, was interesting and thought provoking. Otherwise I don't feel like I know what I want to do with my life after I retire, anymore than I did before I read the book.

[Download to continue reading...](#)

AARP Roadmap for the Rest of Your Life: Smart Choices About Money, Health, Work, Lifestyle ... and Pursuing Your Dreams Money: Saving Money: The Top 100 Best Ways To Make Money & Save Money: 2 books in 1: Making Money & Saving Money (Personal Finance, Making Money, Save Money, Wealth Building, Money) Health Smarts: How to Eat Right, Stay Fit, Make Positive Choices, and More (USA Today Teen Wise Guides: Lifestyle Choices) The Hollywood Parents Guide: Your Roadmap to Pursuing Your Child's Dream FBA: The Mastermind Roadmap to Discovering Lucrative Private Label Products that Sell on FBA (Mastermind Roadmap to Selling on with FBA Book 1) Money: Saving Money: Success: Get More Money & Success In Your Life Now!: 3 in 1 Box Set: Money Making Strategies, Saving Money Strategies & World's Best ... Tips for Personal Finance & Life Success) Smart Girls, Smart Choices: Avoiding the 10 Biggest Mistakes Young Women Make Personal Finance: Budgeting and Saving Money (FREE Bonuses Included) (Finance, Personal Finance, Budget, Budgeting, Budgeting Money, Save Money, Saving Money, Money) Smart Money Smart Kids: Raising the Next Generation to Win with Money Million Dollar Stylist: The Hair Stylist's Roadmap to Financial Freedom, Building the Business of Your Dreams, and Doing What You Love! INVESTING FOR THE REST OF US: How To Invest In Stocks Using Index Funds: Passive Investing Strategies Everyone Can Use (Investing For The Rest of Us Series) Frommer's/AARP Places for Passion: The 75 Most Romantic Destinations in the World - and Why Every Couple Needs to Get Away ABA/AARP Checklist for My Family: A Guide to My History, Financial Plans and Final Wishes AARP/Betty Crocker Cooking for Two Dreams to Reality: Help for Young Moms: Education, Career, and Life Choices Make Easy Money Online: Follow in my footsteps and replace your 9-5 job in 30 days with no prior experience (How to make money online, Work less, Make money from home, Build a business) Sex and the Seasoned Woman: Pursuing the Passionate Life Money Management Tips: Control Money Don't Let It Control You (Budgeting your money, How to save money tips, Get out of debt fast, Live cheap, Debt free, Spend less) Enough?: How Much Money Do You Need For The Rest of Your Life? A Smart Girl's Guide: Money (Revised): How to Make It, Save It, and Spend It (Smart Girl's Guides)

[Dmca](#)